



WOMEN'S WRESTLING

RECORD  
BOOK

2025-26

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ALL-TIME FINISHES



## NJCAA WOMEN'S WRESTLING INVITATIONAL CHAMPIONS

### Single Division (2023-present)

Year	Champion	Score	Ind. Champions	Winning Coach
2023*	Indian Hills (IA)	287	4	Cole Spree
2024*	Indian Hills (IA)	307.5	2	Cole Spree
2025*	Indian Hills (IA)	294.5	3	Cole Spree
2026*	Indian Hills (IA)	229	2	Darren Wynn

\*-Invitational

**Invitational hosts:**

Council Bluffs, IA: 2023\*, 2024\*, 2025\*, 2026\*

\*-Invitational

## NJCAA WOMEN'S WRESTLING INVITATIONAL TOURNAMENT TOP-10 FINISHES

### Single Division (2023\*-present) – Top 10

No.	Team	First	Most Recent	Best Finish
4	Indian Hills (IA)	2023*	2026*	Champion (2023*, 2024*, 2025*, 2026*)
4	Umpqua (NY)	2023*	2026*	Runner-Up (2023*)
4	Iowa Western	2023*	2026*	Runner-Up (2025*)
4	Iowa Central	2023*	2026*	Runner-Up (2024*)
4	Southwestern Oregon	2023*	2026*	Fifth (2023*)
4	Snow (UT)	2023*	2026*	Fourth (2025*)
3	Carl Albert State (OK)	2023*	2025*	Fifth (2024*)
3	Southeast (NE)	2024*	2026*	Runner-Up (2026*)
2	North Iowa Area	2023*	2024*	Eighth (2023*)
2	Morton (IL)	2023*	2024*	Ninth (2024*)
2	Hawkeye (IA)	2025*	2026*	Tenth (2025*, 2026*)
1	Northwest Kansas Tech	2023*	2023*	Ninth (2023*)
1	Bergen (NJ)	2023*	2023*	Tenth (2023*)
1	Ellsworth (IA)	2023*	2023*	Tenth (2023*)
1	Joliet (IL)	2025*	2025*	Ninth (2025*)

\*-Invitational

## NJCAA WOMEN'S WRESTLING INDIVIDUAL CHAMPIONS BY TEAM

### Most Individual Champions – All Active Programs

No.	Team	Most Recent Individual Champion
11	Indian Hills (IA)	2026* – Gabriela Avila Diaz (124), Azreal Smith (235)
6	Iowa Western	2026* – Ayana Fletcher (145)
6	Umpqua (NY)	2026* – Kalley Salazar (110), Bella Ngo (131)
5	Iowa Central	2026* – Erica Pastoriza (103)

5	Southwestern Oregon	2026* – Anna Spencer (138)
5	Southeast (NE)	2026* - Emma Albanese (117), Billie Bonwell (160), Martha Hinneh (207)
3	Carl Albert State (OK)	2024*– Calli Connally (109), Alexis Miller (109)
1	Snow (UT)	2024* - Corrie Williams (136)
1	Joliet (IL)	2025* - Katie Rameriz-Quintero (131)
1	Iowa Lakes	2026* - Keyahna Phillips (180)

*\*-Invitational*

## NJCAA WOMEN'S WRESTLING AWARDS

### *Most Outstanding Wrestler*

Year	Athlete	College	Weight
2023*	Eliana Bommarito	Indian Hills (IA)	235
2024*	Zainab Ibrahim	Umpqua (OR)	130
2025*	Delise Villa	Iowa Central	145
2026*	Bella Ngo	Umpqua (OR)	131

*\*-Invitational*

### *NJCAA Women's Wrestling Coach of the Year*

Year	Coach	School
2023*	Cole Spree	Indian Hills (IA)
2024*	Cole Spree	Indian Hills (IA)
2025*	Cole Spree	Indian Hills (IA)
2026*	Darren Wynn	Indian Hills (IA)

*\*-Invitational*

## NJCAA WOMEN'S WRESTLING ALL-TIME TOURNAMENT MATCHES

### *Year-by-Year results*

<b>101-103</b>					
Year	Winner	School	Result	Runner-up	School
2023*	Dutchess King	Indian Hills (IA)	VSU 4:11	Nicole Montojo	Iowa Western
2024*	Calli Connally	Carl Albert State (OR)	VPOI 18-7	Dutchess King	Indian Hills (IA)
2025*	Mia Siqueiros	Iowa Western	VSU 10-0	Chasey Karabell	Indian Hills (IA)
2026*	Erica Pastoriza	Iowa Central	VPO 5-0	Vivian Hayes	Murray State

*\*-Invitational*

### *Year-by-Year results*

**109-110**

Year	Winner	School	Result	Runner-up	School
2023*	Alexis Miller	Carl Albert State (OK)	VP01 14-7	Ryasia McDougale	Northwest Kansas Tech
2024*	Alexis Miller	Carl Albert State (OK)	VFA 0:36	Javanica Mickens	Indian Hills (IA)
2025*	Ariah Mervilus	Indian Hills (IA)	VFA 4-0	Rachel Jones	Snow (UT)
2026*	Kailey Salazar	Umpqua (OR)	VFA 4:24 9-2	Dixie Holliday	Murray State (OK)

\*-Invitational

**Year-by-Year results**

<b>116-117</b>					
Year	Winner	School	Result	Runner-up	School
2023*	Shammilka Miranda Diaz	Indian Hills (IA)	VSU1 4:24	Flavia Nagatani	Iowa Western
2024*	Flavia Nagatani	Iowa Western	VSU1 5:47	Shammilka Miranda Diaz	Indian Hills (IA)
2025*	Rosalia Rubio	Iowa Western	VSU1 4:43	Emmalyn Burnett	Indian Hills (IA)
2026*	Emma Albanese	Southeast (NE)	VSU1 13-2	Lalla Mirza	Carl Albert State (OK)

\*-Invitational

**Year-by-Year results**

<b>123-124</b>					
Year	Winner	School	Result	Runner-up	School
2023*	Victoriana Kim	Southwestern Oregon	VSU 2:28	Emma Truex	Southwestern Oregon
2024*	Victoriana Kim	Southwestern Oregon	VPO1 13-4	Angelica Vicente Gonzalez	Indian Hills (IA)
2025*	Aniyah Dinwiddie	Iowa Central	VPO1 5-2	Angelica Vicente	Indian Hills (IA)
2026*	Gabriela Avilla Diaz	Indian Hills (IA)	VPO 6-0	Myra Pressnell	Umpqua (OR)

\*-Invitational

**Year-by-Year results**

<b>130-131</b>					
Year	Winner	School	Result	Runner-up	School
2023*	Maria Victoria Baez Dilone	Umpqua (OR)	VSU 1:23	Zainab Ibrahim	Umpqua
2024*	Zainab Ibrahim	Umpqua (OR)	VSU 1:31	Bronwyn Brenneman	Iowa Central
2025*	Katie Ramirez-Quintero	Joliet (IL)	VPO1 6-5	Avery Mohr	Iowa Central
2026*	Bella Ngo	Umpqua (OR)	VPO 10-0	Kaylea Beauchamp	Indian Hills (IA)

\*-Invitational

**Year-by-Year results**

<b>136-138</b>					
Year	Winner	School	Result	Runner-up	School
2023*	Alonda Martinez	Indian Hills (IA)	VPO 5-0	Princess Altsisi	Iowa Central
2024*	Corrie Williams	Snow (UT)	VSU1 4:08	Malia Kehne	Carl Albert State (OR)
2025*	Alexis Ross	Iowa Central	VPO1 2-2	Julia Chambers	Iowa Western
2026*	Anna Spencer	Southwestern Oregon	VPO1 3-2	Jasmine Wolfe	Indian Hills (IA)

\*-Invitational

**Year-by-Year results**

**143-145**

Year	Winner	School	Result	Runner-up	School
2023*	Zoey Smalley	Umpqua (OR)	VSU 5:25	Ashlea Larson	Snow (UT)
2024*	Eve Herlyn	Southeast (NE)	VPO1 14-8	Abigail Trayhorn	Snow (UT)
2025*	Delise Villa	Iowa Central	VPO1 7-4	Isabella Morgan	Snow (UT)
2026*	Ayana Fletcher	Iowa Western	VPO 9-0	Delise Villa	Iowa Central

\*Invitational

**Year-by-Year results****155-160**

Year	Winner	School	Result	Runner-up	School
2023*	Ferny Hernandez	Iowa Western	VFA 3:35	Ana Barnoski	Carl Albert State (OR)
2024*	Genesis Gilmore	Indian Hills (IA)	VSU1 5:15	Ferny Hernandez	Iowa Western
2025*	Ayana Fletcher	Iowa Western	VSU 1:22	Kiernan Farmer	Southwestern Oregon
2026*	Billie Bonwell	Southeast (NE)	VPO1 4-3	Gabby Akers	Murray State (OK)

\*Invitational

**Year-by-Year results****170-180**

Year	Winner	School	Result	Runner-up	School
2023*	Autumn Perez	Umpqua (OR)	VP01 3-2	Larissa Galo	Iowa Western
2024*	Briana Araujo Batista	Iowa Central	VSU 1:02	Destiny Ware	Umpqua (OR)
2025*	Kali Hayden	Indian Hills (IA)	VFA 4:40	Anya Hatch	Southeast (NE)
2026*	Keyahna Phillips	Iowa Lakes	VFA 1:03	Paola Rodriguez	Indian Hills (IA)

\*Invitational

**Year-by-Year results****191-207**

Year	Winner	School	Result	Runner-up	School
2023*	Alexia Garcia	Southwestern Oregon	VP01 8-1	Yarissa Galo	Iowa Western
2024*	Taylor Knox	Southwestern Oregon	VPO1 7-2	Isabella Canada	Iowa Central
2025*	Martha Hinneh	Southeast (NE)	VFA 4:52	Wyntergale Oxendine	Indian Hills (IA)
2026*	Martha Hinneh	Southeast (NE)	VP01 3-1	Audre Herron	Iowa Western

\*Invitational

**Year-by-Year results****235**

Year	Winner	School	Result	Runner-up	School
2023*	Eliana Bommarito	Indian Hills (IA)	VSU 2:50	Karla Padilla Zepeda	Indian Hills (IA)
2024*	Eliana Bommarito	Indian Hills (IA)	VFA 1:29	Karla Padilla Zepeda	Indian Hills (IA)
2025*	Kennedi Washington	Indian Hills (IA)	VPO 8-0	Kiara Boldridge	Southeast (NE)
2026*	Azreal Smith	Indian Hills (IA)	VPO1 2-1	Hannah Francis	Indian Hills (IA)

\*Invitational

## NJCAA ALL-TIME WOMEN'S WRESTLING FINISHES

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### 2023\*-Present –

First Place: Champion in each class

Second Place: 2<sup>nd</sup> Place in each class

Third Place: 3<sup>rd</sup> Place in each class

\*-Invitational

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### 2026\*

#### First Place

103lbs – Erica Pastoriza, Iowa Central  
110lbs – Kalley Salazar, Umpqua (OR)  
117lbs – Emma Albanese, Southeast (NE)  
124lbs – Gabriela Avila Diaz, Indian Hills (IA)  
131lbs – Bella Ngo, Umpqua (OR)  
138lbs – Anna Spencer, Southwestern Oregon  
145lbs – Ayana Fletcher, Iowa Western  
160lbs – Billie Bonwell, Southeast (NE)  
180lbs – Keyahna Phillips, Iowa Lakes  
207lbs – Martha Hinneh, Southeast (NE)  
235lbs – Azreal Smith, Indian Hills (IA)

#### Second Place

103lbs – Vivian Hayes, Murray State (OK)  
110lbs – Dixie Holliday, Murray State (OK)  
117lbs – Lalla Mirza, Carl Albert State (OK)  
124lbs – Myra Pressnell, Umpqua (OR)  
131lbs – Kaylea Beauchamp, Indian Hills (IA)  
138lbs – Jasmine Wolfe, Indian Hills (IA)  
145lbs – Delise Villa, Iowa Central  
160lbs – Gabby Akers, Murray State (OK)  
180lbs – Paola Rodriguez, Indian Hills (IA)  
207lbs – Audre Herron, Iowa Western  
235lbs – Hannah Francis, Indian Hills (IA)

#### Third Place

103lbs – Zoe Brewer, Southwestern Oregon  
110lbs – Aria Mervilus, Indian Hills (IA)  
117lbs – Rosalia Rubio, Iowa Western  
124lbs – Brianna Ross, Umpqua (OR)  
131lbs – Annabelle Petsinger, Iowa Central  
138lbs – Lindsay Henggeler, Fort Hays Tech Northwest (KS)  
145lbs – Isabella Morgan, Snow (UT)  
160lbs – Anyia Roberts, Southeast (NE)  
180lbs – Maeli Howard, Snow (UT)  
207lbs – Ileen Casterjon, Indian Hills (IA)  
235lbs – Faith Tarrant, Iowa Western

### 2025\*

#### First Place

103lbs – Mia Siqueiros, Iowa Western  
110lbs – Aria Mervilus, Indian Hills (IA)  
117lbs – Rosalia Rubio, Iowa Western  
124lbs – Aniyah Dinwiddie, Iowa Central

131lbs – Katie Ramirez-Quintero, Joliet (IL)  
138lbs – Alexis Ross, Iowa Central  
145lbs – Delise Villa, Iowa Central  
160lbs – Ayana Fletcher, Iowa Western  
180lbs – Kali Hayden, Indian Hills (IA)  
207lbs – Martha Hinneh, Southeast (NE)  
235lbs – Kennedi Washington, Indian Hills (IA)

#### Second Place

103lbs – Chasey Karabell, Indian Hills (IA)  
110lbs – Rachel Jones, Snow (UT)  
117lbs – Emmalyn Burnett, Indian Hills (IA)  
124lbs – Angelica Vicente, Indian Hills (IA)  
131lbs – Avery Mohr, Iowa Central  
138lbs – Julia Chambers, Iowa Western  
145lbs – Isabella Morgan, Snow (UT)  
160lbs – Kiernan Farmer, Southwestern Oregon  
180lbs – Anya Hatch, Southeast (NE)  
207lbs – Wyntergale Oxendine, Indian Hills (IA)  
235lbs – Kiara Boldridge, Southeast (NE)

#### Third Place

103lbs – Alycia Perez, Indian Hills (IA)  
110lbs – Brooklyn Noel, Southeast (NE)  
117lbs – Hailey Medina, Iowa Western  
124lbs – Myra Pressnell, Umpqua (NY)  
131lbs – Sam Markwardt, Carl Albert State (OK)  
138lbs – Ruth Jimenez, Indian Hills (IA)  
145lbs – Genesis Gilmore, Indian Hills (IA)  
160lbs – Olivia Stean, Indian Hills (IA)  
180lbs – Paola Rodriguez, Indian Hills (IA)  
207lbs – Ileen Castrejon, Indian Hills (IA)  
235lbs – Arianah Cowgur, Snow (UT)

### 2024\*

#### First Place

101lbs – Calli Connally (Carl Albert State)  
109lbs – Alexis Miller (Carl Albert State)  
116lbs – Flavia Nagatani (Iowa Western)  
123lbs – Victoriana Kim (Southwestern Oregon)  
130lbs – Zainab Ibrahim (Umpqua)  
136lbs – Corrie Williams (Snow)  
143lbs – Eve Herlyn (Southeast)  
155lbs – Genesis Gilmore (Indian Hills)  
170lbs – Briana Araujo Batista (Iowa Central)

191lbs – Taylor Knox (Southwestern Oregon)

235lbs – Eliana Bommarito (Indian Hills)

**Second Place**

101lbs - Dutchess King (Indian Hills)

109lbs – Javanica Mickens (Indian Hills)

116lbs – Shammilka Miranda Diaz (Indian Hills)

123lbs – Angelica Vicente Gonzalez (Indian Hills)

130lbs – Bronwyn Brenneman (Iowa Central)

136lbs – Malia Kehne (Carl Albert State)

143lbs – Abigail Trayhorn (Snow)

155lbs – Ferny Hernandez (Iowa Western)

170lbs – Destiny Ware (Umpqua)

191lbs – Isabella Canada (Iowa Central)

235lbs – Karla Padilla Zepeda (Indian Hills)

**Third Place**

101lbs – Mia Siqueiros (Iowa Western)

109lbs – Madison Leverknight (Indian Hills)

116lbs – Rodiat Adeduntan (Iowa Central)

123lbs – Kailyn Younger (Iowa Central)

130lbs – Talia Lee (Southeast)

136lbs – Alexis Ross (Iowa Central)

143lbs – Kammie Schanz (Iowa Central)

155lbs – Jazmine Garcia (Indian Hills)

170lbs – Zoey Smalley (Umpqua)

191lbs – Norma Alejandro (Indian Hills)

235lbs – Kiara Boldridge (Indian Hills)

**2023\***

**First Place**

101lbs – Dutchess King (Indian Hills)

109lbs – Lexi Miller (Carl Albert State)

116lbs - Shammilka Miranda Diaz (Indian Hills)

123lbs – Victoriana Kim (Southwestern Oregon)

130lbs – Maria Victoria Baez Dilone (Umpqua)

136lbs – Alondra Martinez (Indian Hills)

143lbs – Zoey Smalley (Umpqua)

155lbs – Ferny Hernandez (Iowa Western)

170lbs – Autumn Perez (Umpqua)

191lbs – Alexa Garcia (Southwestern Oregon)

235lbs - Eliana Bommarito (Indian Hills)

**Second Place**

101lbs – Nicole Motogo (Iowa Western)

109lbs – Ryasia McDougale (Northwest Kansas Tech)

116lbs - Flavia Nagatani (Iowa Western)

123lbs – Emma Truex (Southwestern Oregon)

130lbs – Zainab Ibrahim (Umpqua)

136lbs – Princess Altsisi (Iowa Central)

143lbs – Ashlea Larson (Snow)

155lbs – Ana Barnoski (Carl Albert State)

170lbs – Larissa Gallo (Iowa Western)

191lbs – Yarissa Gallo (Iowa Western)

235lbs - Karla Padilla Zepeda (Indian Hills)

**Third Place**

101lbs – Chiara Barbieri (North Iowa Area)

109lbs – Malachite Chunn (Indian Hills)

116lbs - Kailyn Younger (Iowa Central)

123lbs – Itzel Medina Valdez (Umpqua)

130lbs – Bronwyn Brenneman (Iowa Central)

136lbs – Annabel Garcia (Umpqua)

143lbs – Kylie Hulse (Carl Albert State)

155lbs – Suravieve Robertson (Indian Hills)

170lbs – Briana Araujo Batista (Iowa Central)

191lbs – Maranda Bell (Iowa Central)

235lbs - Leilani Holley (Umpqua)

*\*-Invitational*